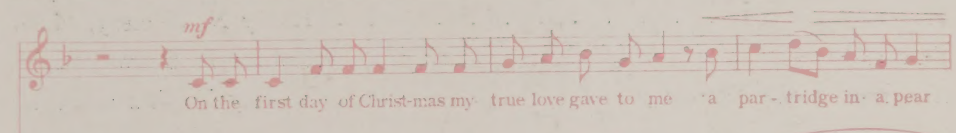
The Hampden Hippocrat

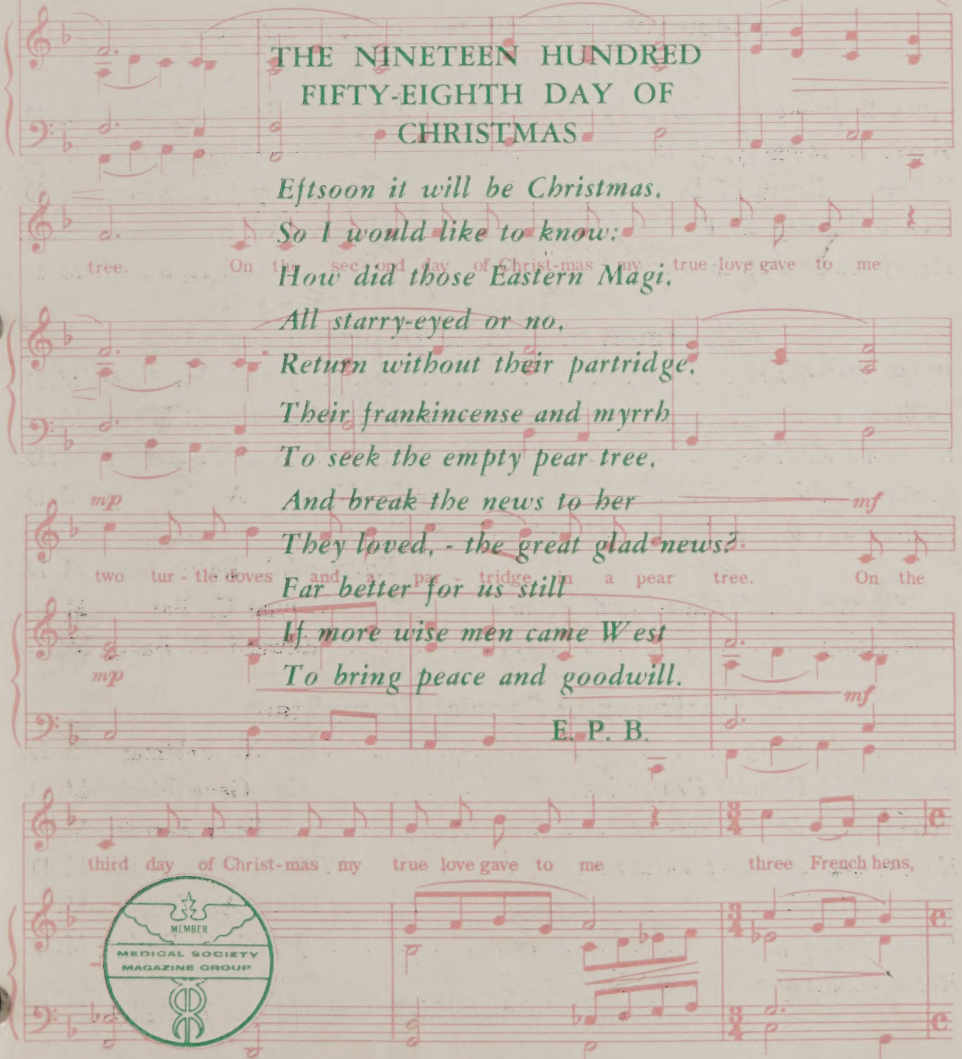
VOLUME XIV DECEMBER, 1958 NO. 10



THE NINETEEN HUNDRED FIFTY-EIGHTH DAY OF CHRISTMAS

Eftsoon it will be Christmas,
So I would like to know:
How did those Eastern Magi,
All starry-eyed or no,
Return without their partridge,
Their frankincense and myrrh
To seek the empty pear tree,
And break the news to her
They loved, - the great glad news?
Far better for us still
If more wise men came West
To bring peace and goodwill.

E. P. B.


tree. On the second day of Christ-mas my true love gave to me
mp
mf
two tur - tle doves and a par - tridge in a pear tree. On the
mp
mf
third day of Christ-mas my true love gave to me three French hens,

MEMBER
MEDICAL SOCIETY
MAGAZINE GROUP

Next Meeting December 16, (See Page 4).

Hampden District Medical Society

Founded 1840

OFFICERS

President . . . . . Thomas F. Reilly, M. D.
Vice President . . . . . John A. Burke, M. D.
Secretary . . . . . Harry N. Memery, M. D.
Treasurer . . . . . Howard B. Brown, M. D.
Assistant to the Secretary . . . . . Ray T. Smith, M. D.

Executive and Grievance Committees

Thomas F. Reilly, M. D., *ex-officio*

Allen S. Johnson, M. D.	*ex-officio*	John A. Burke, M. D.
Harry N. Memery, M. D.	*ex-officio*	Howard B. Brown, M. D.
Robert G. Ernst, M. D.	1959	Leroy J. Kendrew, M. D.
Azel P. Barney, M. D.	1960	Eugene W. Beauchamp, M. D.
Henry Burkhardt, M. D.	1961	Samuel Klibanoff, M. D.

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Legislative . . . . . Theodore R. Miner, M. D.
Woman's Auxiliary . . . . . Azel P. Barney, M. D.
Public Health . . . . . Norman A. Pokorny, M. D.
Insurance, Labor Relations and Industrial Accidents
Eugene W. Beauchamp, M. D.
Malpractice and Medico-Legal Affairs . . . . Wayne C. Barnes, M. D.
Nominating . . . . . Edward P. Bagg, M. D.

Chairmen of Special Committees

Medical Advisory . . . . . Noah N. Feldman, M. D.
Blue Shield District Professional Service . . . . M. Gene Black, M. D.
Emergency Medical Service . . . . . Peter Zarecki, M. D.
Health and Accident Insurance . . . . . William J. Cosgriff, M. D.
Mental Health . . . . . Olive A. Cooper, M. D.
Rehabilitation . . . . . Joseph P. Derby, M. D.
Representatives on Community Council
Allen S. Johnson, M. D. and Thomas F. Reilly, M. D.

The Hampden Hippocrat

"Life is short and art is long, the occasion fleeting, experience fallacious and judgment difficult"
Hippocrates

Published monthly except July and August

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VOLUME XIV DECEMBER, 1958 NO. 10

EDITORIALS

RISING AUTO RATES

The automobile insurance companies are again seeking permission to raise rates because of increasing costs of traffic accidents. This apparently is the only way they can hope to remain in business, but even the proposed new rates will probably soon prove inadequate, unless new laws with teeth in them are created to reduce the number of highway accidents. In the meantime doctors in their own way can do a great deal toward reducing the exorbitant and ever increasing costs of automobile accidents.

The chief reason for the rate increases are the mounting claims for personal injuries. Minor injuries alone represent millions of dollars yearly, which the insurance companies often promptly pay rather than chance taking the cases to court. They know that juries will as a rule bring in a verdict against them. It is in such cases that doctors can render invaluable service. They can help differentiate between the mild and serious cases, and between trumped-up and bona-fide automobile injuries. Back injuries in particular represent a very popular and lucrative racket, because pain in this area is so difficult to prove or disprove by objective means alone. We all know accidents where practically no injuries were sustained but where back injuries were claimed, and promptly paid for, again because of the reluctance on the part of insurance companies to fight. Doctors, as well as lawyers, can do very much by way of discouraging such unfounded claim, and by discouraging people in general from trying to get something for nothing. We must never lose sight of the fact that in the final analysis it isn't the insurance companies that pay, but rather you and I, and the large bulk of the innocent, honest and law-abiding citizens.

Dubois

ARMA VIRUMQUE

The recent appointment of Doctor John C. Ayres as Medical Director of the Springfield Municipal Hospital augurs well indeed for the hospital as well as the citizens of Springfield. This step will enhance the quality of that magnificent institution and will no doubt serve to improve the medical care of its patients. Any program that promises better care of the sick is well deserving of our support and approbation.

It is interesting to review briefly the immediate sequence that led to Doctor Ayres' appointment. About a year ago the all-physician Board of Trustees reassessed the goals and progress of the hospital. The picture looked quite bleak; instead of progress there was retrogression. The temporary accreditation by the Joint-Commission Accreditation of Hospitals was gone. The relatively large and enthusiastic volunteer medical staff had dwindled to a mere handful. Comprehensive medical care was more fantasy than reality.

Against this rather dismal backdrop, the Board of Trustees strongly resolved to make the Hospital a modern chronic disease facility and not just a "glorified Waldorf-Astoria almshouse". As a step in this direction, the Board determined to obtain proper medical direction and supervision of the Hospital. Moreover, the Board decided that superior medical care could be best provided for by a paid, full-time, resident staff, supplemented with as excellent a visiting staff as could be procured. The Trustees' first step was to appoint Doctor John C. Ayres to the position of Medical Director.

Doctor Ayres is no stranger to us, since he has been Springfield's Commissioner of Public Health for the past five years. He obtained his bachelor's degree from the University of Massachusetts in 1941, his M.D. from Boston University in 1943, and his Master of Public Health Degree from Harvard University in 1949. Before coming to Springfield, he was associated in various capacities with the Massachusetts Department of Public Health for five years after having served in the United States Navy during World War 2. He holds membership in a variety of national, state, and local medical and public health organizations, and has been certified as a specialist in public health by the American Board of Preventive Medicine. The Trustees are to be congratulated on their choice. May good fortune and success attend their endeavor to attain those laudable summits for which they strive with vigorous devotion and dedication.

M.M.

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Springfield

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Panmycin phosphate (tetracycline phosphate complex) equivalent to tetracycline hydrochloride .....250 mg.
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2. Panalba KM †† Flavored Granules. When sufficient water is added to fill the bottle, each teaspoonful (5 cc.) contains:

Panmycin (tetracycline) equivalent to tetracycline hydrochloride .....125 mg.
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Potassium metaphosphate .....100 mg.

Dosage:

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Usual adult dosage is 2 capsules q.i.d.

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For the treatment of moderately acute infections in infants and children, the recommended dosage is 1 teaspoonful per 15 to 20 lbs. of body weight per day, administered in 2 to 4 equal doses. Severe or prolonged infections require higher doses. Dosage for adults is 2 to 4 teaspoonfuls 3 or 4 times daily, depending on the type and severity of the infection.

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††TRADEMARK

NEXT MEETING

TIME: Tuesday, December 16, 6:30 P. M.

PLACE: Toto's Restaurant, Smith's Ferry, Holyoke.

DINNER: At expense of Society.

AGENDA: Important organizational, socio-economic and other business matters.

Your attendance is urgently requested!

Harry N. Memery
Secretary

EXECUTIVE COMMITTEE
November Meeting

The following is a summary of the Executive Committee meeting held on November 13th:

1.) A report was presented by Dr. Miner, Chairman of the Legislative Committee, relative to the so-called New Drug Act of 1956 and the policing of a District fellow by a member of the Board of Registration in Pharmacy.

2.) Directed Dr. Miner to present all facts to Dr. Smead, Executive Councilor.

3.) Directed Dr. Smead to present the facts to the Council of the Mass. Medical Society for action.

4.) Approved a recommendation of Dr. Beauchamp, Chairman of the Insurance, Labor Relations and Industrial Accidents Committee, that a special meeting of the District be held for a panel discussion with representatives from labor, management, insurance, and medicine participating. This meeting will be held at a time and place to be announced.

The Grievance Committee discussed complaints about recent newspaper items in which it was felt that the Publicity Code had been violated by at least two members. A report of unfair telephone listing use by certain members was received.

All grievances were acted upon apporpriately.

Harry N. Memery, Sec.

Harris Pharmacy

If it's drugs, HARRIS has it.

Opp. Sheraton-Kimball Hotel

President's Page

Season's Greetings

On the eve of the Holiday Season I am most anxious to extend to every Fellow of Hampden a very Merry Christmas and a Happy New Year.

This would seem a fitting time to re-dedicate ourselves to the service of mankind, and to the spiritual and ethical principles upon which our profession is based. We might begin by reading again the Oath of Hippocrates, which many of us probably haven't looked at since graduating from medical school. Its message is no less inspiring today than it was almost 2500 years ago when it was first written by the Father of Modern Medicine. We can also benefit greatly by turning to the pages of the Holy Bible, and the philosophical writings of men such as Maimonides and Sir William Osler. We would do well also at this time to review the Codes Of Ethics of the American Medical Association and of our own Massachusetts Medical Society. And finally this would seem a propitious time to remember our less fortunate colleagues, those who because of old age, sickness or disability have been forced to retire from the active practice of medicine.

As a District Society of almost 500 doctors we may not always agree on every phase of medicine. Our views may differ on Social Security, Blue Shield or any other socio-economic problem. However, no disagreement whatever can exist when it comes to the humane, spiritual and ethical principles of our profession. The importance of these principles should be constantly emphasized, but especially now, during the Holiday Season when the watchward the world over is Peace on Earth and Good Will to Man.

Thomas F. Reilly, M. D.

Faster rehabilitation in a

Joint inflammation and muscle spasm are the two elements most responsible for disability in rheumatic-arthritic disorders—and MEPROLONE is the one agent that treats both.

MEPROLONE suppresses the inflammatory process and simultaneously relieves aching and stiffness caused by muscle spasm, to provide greater therapeutic benefits and a shorter rehabilitation period than any single antirheumatic-antiarthritic agent.

MEPROLONE-2 is indicated in cases of severe involvement, yet often leads to a reduction of steroid dosage because of its muscle-relaxant action. When involvement is only moderately severe or mild, MEPROLONE-1 may be indicated.

SUPPLIED: Multiple Compressed Tablets in three formulas: MEPROLONE-2—2.0 mg. prednisolone, 200 mg. meprobamate and 200 mg. dried aluminum hydroxide gel (bottles of 100). MEPROLONE-1 supplies 1.0 mg. prednisolone in the same formula as MEPROLONE-2 (bottles of 100). MEPROLONE-5—5.0 mg. prednisolone, 400 mg. meprobamate and 200 mg. dried aluminum hydroxide gel (bottles of 30).

Because muscles move joints, both muscle spasm and joint inflammation must be considered in treating the rheumatic-arthritic patient . . .

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MEPROLONE is the one antirheumatic-antiarthritic that exerts a simultaneous action to relax muscles in spasm and to suppress joint inflammation . . .

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Therefore, MEPROLONE does more than any single agent to help the physician shorten the time between disability and employability.

MEPROLONE is a trade-mark of Merck & Co., Inc.

IN MEMORIAM

MORGAN P. HANLON, M. D.

1894 - 1958

Doctor Morgan P. Hanlon of Springfield died suddenly at his home, 125 Wilbraham Road, on November 16, 1958.

Dr. Hanlon was born in Cambridge, Mass., on August 22, 1894. He received his premedical training at Boston College and graduated from Tufts Medical School in 1917.

Dr. Hanlon served in the Medical Department of the U. S. Navy during World War I and then came shortly thereafter, in 1922, to practice in Springfield. He was for a number of years senior staff anesthesiologist at the Mercy Hospital in Springfield. He was a member of the American Medical Association, the Massachusetts Medical Society and the Hampden District Medical Society. He was also a member of the American Society of Anesthesiologists, a fellow of the American College of Anesthesiologists, and a member of the International Society of Anesthesiologists.

Deepest sympathy is extended to the surviving members of his family and to his many friends and associates.

Intrinsically better for anemia

FALVIN*

HEMATINIC

FORMULA:
Each Capsule contains:
Autrinic* Intrinsic Factor Concentrate with vitamin B_{12} 1 U.S.P. Oral Unit
Ferrous Sulfate Exsiccated ..... 300 mg.
Ascorbic Acid (C) .. 75 mg.
Folic Acid ..... 1 mg.
DOSAGE: Two Capsules daily
No Prescription Required

with AUTRINIC*
INTRINSIC FACTOR CONCENTRATE

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LEDERLE LABORATORIES DIVISION
AMERICAN CYANAMID COMPANY
PEARL RIVER, NEW YORK

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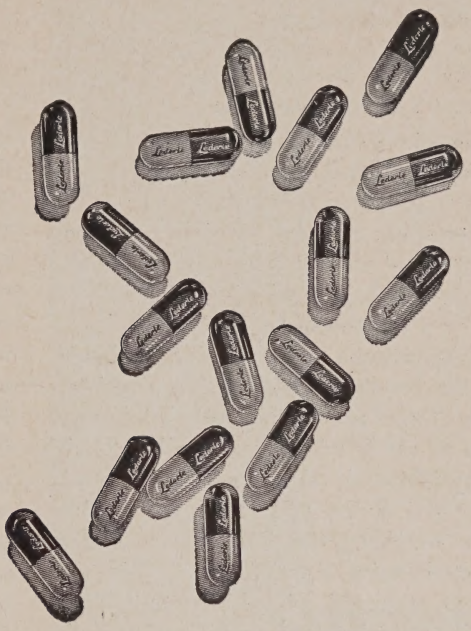

FAST-ACTING ORAL BROAD-SPECTRUM THERAPY. The modern blue and yellow ACHROMYCIN V Capsules, combining equal parts of pure crystalline ACHROMYCIN Tetracycline HCl and Citric Acid, provide unsurpassed oral broad-spectrum therapy.

Speed of absorption adds new emphasis to the benefits of true broad-spectrum action, minimum side effects and wide range effectiveness that have established ACHROMYCIN as an antibiotic of choice for decisive control of infection.

REMEMBER THE V WHEN SPECIFYING ACHROMYCIN V. New blue and yellow capsules (sodium-free)—250 mg. with 250 mg. citric acid, and 100 mg., with 100 mg. citric acid.

ACHROMYCIN V dosage: Recommended basic oral dosage is 6-7 mg. per lb. body weight per day. In acute, severe infections often encountered in infants and children, the dose should be 12 mg. per lb. body weight per day. Dosage in the average adult should be 1 Gm. divided into four 250 mg. doses.

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MEDICAL CLUBS IN HAMPDEN

(Editor's Note:

In addition to our District Society and the Springfield Academy of Medicine there are a number of medical clubs and organizations in Hampden that are little known except to their own memberships. Beginning with this issue the Hippocrat takes pleasure in presenting a series of articles descriptive of these very interesting medical clubs, societies and organzations.)

I - Maimonides Medical Club

An unique blend of the scientific with important social characteristics, the Maimonides Medical Club is made up of many of the outstanding Jewish physicians of Hampden County. Organized on July 21, 1924 by ten charter members, the Club has sought, as stated in its constitution, "to foster a high standard of achievement in the science and art of medicine, to maintain the highest standard of ethics in the practice of medicine, to practice medicine as inspired by the Oath and Prayer of Maimonides, and to promote good fellowship, unity, and harmony among its members." While never seeking growth merely for the sake of numbers, the Club has, nevertheless, repeatedly rejected the idea of limitation of membership merely to be "exclusive". The Society enters its thirty-fifth year with a present membership of fifty-five practicing physicians.

With numerous medical meetings competing for the time of the busy physician, the need for another medical organization would be seriously questioned were this just to be another medical society. However, the Maimonides Medical Club serves a definite purpose not obtained in the larger, more formal medical societies. With the chief emphasis on the scientific programs, prepared and presented entirely by its own membership, the Club encourages its members to study the literature, and organize the material into a careful presentation, which often is of as much benefit for the speaker as for his listeners. The Society encourages all members to think and talk on their feet rather than merely listening alone, for which there are abundant opportunities elsewhere.

Meetings are held monthly, in which each member at one time or another is given an opportunity to participate. To insure an interesting and varied program of subject material, a Program Committee selects the topics to be discussed and assigns these topics to members, generally in the form of an original paper, but sometimes in the form of a symposium by several members. The lively discussions which generally follow each presentation are an excellent indication of the interest shown by the members. Many men are encouraged to express their opinions and present their observations in the coziness of a small meeting, while these same men may be reluctant to speak up in larger gatherings.

An interesting part of each meeting is the case report which precede the formal paper. It is at this time that members have the opportunity of presenting interesting cases, which are frequently of as great interest as the main program, and are usually very instructive. Problems in the management of difficult problems are discussed to the benefit of the physicians. and thereby, to the patients.

In addition to the primary scientific function of the Club, is the secondary, but important, function of fostering

good social relationships among the members. To this end, four purely social functions are held each year. two of which include the wives of members. The year begins with a dinner meeting in September, at which time the annual reports of officers and committees are presented. The officers elected at the preceding May meeting are formally installed at this time. This meeting is ostensibly a purely business meeting, but the business is carried on in an atmosphere of sociability and good humor and is a thoroughly enjoyable experience. In January, the second social function is held with the wives of members, and consists of a dinner meeting followed by some form of entertainment or dancing. In May, the Annual Memorial Lecture, held in memory of deceased members, is held. Here again, a dinner meeting is held with the wives of members, preceding the lecture. This represents the only function of the entire year in which a guest speaker is invited, and a topic of medical interest is selected, although geared to the many laymen in the audience. To this meeting, the general public is invited. The final social function of the year is a full day outing held in late June in one of the nearby resort areas where facilities for golf, swimming, tennis, or perhaps just loafing are available. At this time the members shed the cares of daily practice to spend a relaxing day together.

It is in this type of atmosphere that the Maimonides Medical Club functions, not apart from the general medical community, of which we are all a part, but in the interest of good fellowship, serving the need for a small family of Jewish physicians who enjoy the warmth of a small sociable group.

H. Bernard Tillman

when other therapy fails

- in dry eczema
- pruritus
- diaper rash
- external ulcers
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quickly relieves pain and itching
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Soothing, bland, non-sensitizing and non-irritating; water-miscible.

In 2 oz. and 1 lb. jars, and 1 oz. tubes.

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The Auxiliary's

Dr. Harry A. Baker, Holyoke, left, and Mrs. Baker chat with Dr. John J. Burke of Holyoke. In the next photo, Dr. Thomas Reilly, president of the Hampden District Medical Society, is flanked by Mrs. Reilly, left, and Mrs. Elmer F. Franseen, right, Auxiliary president.

Dedicated to the proposition that variety is the spice of life, this year's "White Cap" committee proposed to the Executive Board of the Auxiliary that the annual benefit be held in Springfield at the Colony Club. Dr. and Mrs. Roderick Macaulay had graciously agreed to sponsor the evening there. It was voted to accept the plan.

On November 1st the gala event materialized. With no blight of influenza upon us this year, a record number of 300 attended, including 56 guests, most of whom had supported the benefit in past years. In addition, 40 couples generously sent in donations. The books are not yet closed, but it appears that the affair netted $1,550.00, to be used for scholarships in nursing and other para-medical careers of young people in Hampden County.

Mrs. William Davis, Chairman, is to be congratulated for her handling of the event. Mrs. Maurice Helpern was in charge of the decorations which were most effective in the setting of the old Wesson mansion. She was assisted by Mrs. Leonard Plotkin, Mrs. Bennett Barton and Mrs. Harry Tapp. Mr. H. A. Dunphy of Winthrop Laboratories made for us fifty replicas of the Florence Nightingale lamp. These were gilded and mounted on laurel covered bases as centerpieces for the tables and mantles.

The eight rooms of the Colony Club used for dining were given the names of men well known in medicine—Banting, Cushing, Fleming, Harvey, Minot, Osler, Pasteur and Roentgen. The buffet was delicious and truly "a gourment's delight". Gifts of Coty's "L'Aimant" perfume were donated by McKesson and Robbins, and were

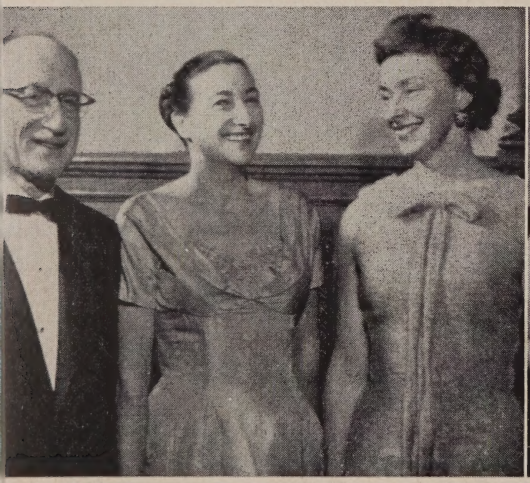
White-Cap Banquet

distributed to the ladies by nurses representing the training schools of the Holyoke, Mercy, Springfield and Providence Hospitals.

A feature of the evening was the Open-to-all Cocktail Party preceding the buffet at which Mrs. Arthur Gramse, President-elect of the Auxiliary, served as hostess. Other hostesses for the evening were Mrs. Harry Baker, Mrs. William Coen, Mrs. William Devlin, Mrs. Stanley Dixon, Mrs. Edwin Gillis, Mrs. Edward Halton, Mrs. John Maloney, Mrs. Kenneth McEwen and Mrs. George Ross. Billy Poore's orchestra of Providence furnished the music for dining and dancing and many favorable comments on its performance have been received. Due to limitation of space, not everyone could be on the floor at the same time but this gave us the opportunity to circulate, meeting new members and visiting with friends.

Affairs of this type require much time and effort on the part of many people. The Auxiliary is grateful to Mrs. Frank Jordan for handling the reservations and to Mrs. John J. Burke, the invitations. Your checks were passing through the capable hands of Mrs. H. E. Gaudreau and Mrs. Harry Baker. Mrs. Harry Strachen made the arrangements for the music. Mrs. Carlo Montori served as Co-Chairman of the evening, and Mrs. John Prybylo was chairman of the telephone committee. Finally, the Auxiliary and its Scholarship Committee, in particular, wish to thank all who helped in the project either by attending or by sending a donation.

Elizabeth B. Franseen, President
Woman's Auxiliary to The Hampden District Medical Society.



n the photo above are Dr. George Orlansky of Monson State Hospital, and Mrs. Orlansky, chatting with Mrs. Arthur mse, right, of Longmeadow, president-elect of the Auxiliary. In the next photo, Dr. and Mrs. William Davis of eadow converse with Dr. and Mrs. Carlo Montori of Springfield. Mrs. Davis was chairman of the ball and Mrs. ri, co-chairman.

"Much better–

-thank you, doctor"

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CAPSULES
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antibacterial effectiveness plus added protection against monilial superinfection

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glucosamine-potentiated tetracycline—analgesic—antihistamine compound

For relief of symptoms and malaise of the common cold and prevention of secondary complications

CAPSULES (black and orange) Each capsule contains: Cosa-Tetracyn 125 mg. • phenacetin 120 mg. • caffeine 30 mg. • salicylamide 150 mg. buclizine HCl 15 mg.

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REFERENCES: 1. Carlozzi, M.: Ant. Med. & Clin. Therapy 5:146 (Feb.) 1958. 2. Welch, H.; Wright, W. W., and Staffa, A. W.: Ant. Med. & Clin. Therapy 5:52 (Jan.) 1958. 3. Marlow, A. A., and Bartlett, G. R.: Glucosamine and Leukemia. Proc. Soc. Exp. Biol. & Med. 84:41, 1953. 4. Shalowitz, M.: Clin. Rev. 1:25 (April) 1958. 5. Nathan, L. A.: Arch. Pediat. 75:251 (June) 1958. 6. Cornbleet, T.; Chesrow, E., and Barsky, S.: Ant. Med. & Clin. Therapy 5:328 (May) 1958. 7. Stone, M. L.; Sedlis, A., Bamford, J., and Bradley, W.: Ant. Med. & Clin. Therapy 5:322 (May) 1958. 8. Harris, H.: Clin. Rev. 1:15 (July) 1958.

AS475

DRUG ACT *

(So many requests have come in for additional information about the New Drug Act that the Hippocrat is glad to present it in its entirety. The more pertinent passages are italicized. Ed.)

SECTION 187A. *Harmful Drug.* (As amended by Chapter 718 Acts of 1955 and of Chapter 299 Acts of 1956). For the purposes of this section, *the term "harmful drug" shall mean and include any and all drugs upon which the manufacturer or distributor has, in compliance with federal law and regulations placed the following: "Caution—Federal law prohibits dispensing without prescription."*

The term "harmful drug" shall in particular include any derivative, active principal, preparation, compound or mixture of barbituric acid, amphetamines, ergot or any hypnotic or somnifacient drug.

No person shall sell or offer for sale at retail or dispense or give away any harmful drug to any person other than a physician, dentist or veterinarian, except upon oral or written prescription of a physician, dentist or veterinarian, or his expressly authorized representative. No such oral or written prescription for a harmful drug shall be refilled unless the original prescription provides for such refilling or unless such refilling is authorized by the prescriber. Nothing in this paragraph shall be construed to be in conflict with the provision of the sixth paragraph of this section.

Whenever the physician, dentist or veterinarian prescribes a harmful drug by an oral prescription, the physician, dentist or veterinarian shall within a period of not more than seven days thereafter deliver a written prescription to the pharmacist to whom said oral prescription was transmitted. Any physician, dentist or veterinarian who violates this provision shall be punished by a fine of not more than twenty-five dollars for each violation.

No person shall dispense any harmful drug upon an oral or written prescription in a container which does not bear a label which gives the name and address of the druggist, the serial number of the prescription, the date of the filling of the prescription, the name of the prescriber, the name of the patient unless a veterinary prescription, the direction for use and cautionary statements if any stated in the prescription.

No manufacturer, wholesaler, jobber or dealer in drugs other than a retail pharmacist shall sell or offer for sale a harmful drug unless the container bears a label securely attached thereto stating conspicuously in printed words the common or usual name of the harmful drug and the quantity or proportion thereof, and no such manufacturer, wholesaler, jobber or dealer in drugs shall sell, offer for sale or deliver any such harmful drug except to a licensed drug wholesaler, licensed hospital or sanatarium, governmental hospital or sanitarium, licensed clinic, pharmacist, registered physician, dentist or veterinarian, superintendent or official in immediate charge of a college or scientific institution.

A physician, dentist or veterinarian may personally administer any harmful

* The Commonwealth of Massachusetts—Pharmacy Laws. (Tercentenary Edition; also recent legislation up to and including 1956.)

drug at such time and under such circumstances as he, in good faith and in the legitimate practice of medicine, believes to be necessary for the alleviation of pain and suffering or for the treatment or alleviation of disease.

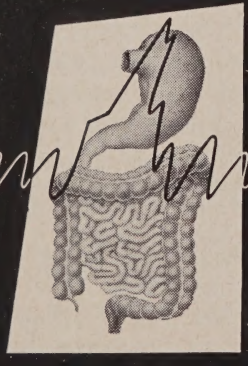
This section shall not apply to the sale or dispensing of any harmful drug known to be generally used in the treatment of poultry or of animals other than man, either alone or in combination with feeding materials or other ingredients, provided such drug is sold in good faith for the treatment of poultry or animals other than man, and bears a label stating that it is to be used for such purposes only.

Nothing in this section shall be construed to relieve any person from any requirement prescribed by or under authority of any law with respect to narcotic drugs as provided by sections one hundred and ninety-seven to two hundred and seventeen, inclusive.

Except as otherwise provided herein, whoever violates any provision of this section or any rule or regulation authorized hereunder *shall be punished by a fine of not more than one thousand dollars, or by imprisonment in jail or house of correction for not more than one year, or both.*

The department of public health and *the board of registration in pharmacy shall enforce the provisions of this section,* and said department and said board, acting jointly, may make such rules and regulations as they deem necessary for the proper enforcement thereof.

in spasticity of the GI tract



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dosage: one tablet before each meal and at bedtime.

SEARLE

THE FORAND BILL

The Forand Bill (which would provide government hospital and medical care for about 13 million social security claimants) has been shelved temporarily. It is, however, almost certain to come up again at the next session of Congress. During its recent hearings much support came from Labor Groups, Welfare Associations, Americans for Democratic Action, Physicians' Forum and many, many politicians. The opposition also presented a solid front and included the AMA, American Dental Association, American Nursing Home Association, United States Chamber of Commerce, Retail Druggist Associatoin, the Association of Catholic Charities, and others. The American Hospital Association opposed the Bill at the time of the hearings but made it clear that unless a better plan was offered to solve the health problems of the aged, it would throw its support in favor of the Forand Bill. This organization is very skeptical of the success of health insurance in the care of the aged, and proposes that a committee look into ways in which the government might participate, into the possible dangers of government financing, and into "the ways in which . . . . those dangers might be avoided or minimized."

In the face of this half-hearted approval by the Hospital Association it was the pledge of the AMA that its energies would be devoted to finding a better way of caring for the aged that led to the tabling of the Forand Bill. We may be sure, however, that its proponents will soon bring it before Congress again. According to the AMA News the Forand Bill is the fourth on the priority list of labor unions. The recent landslide by the Democrats will, as everybody agrees, veer the nation to the left. In other words, Bills such as the 'Forand' will now stand much more of a chance of being enacted. The only thing left for us to do is (1) to hope that the AMA will bring forward a more acceptable substitute plan; and (2) to keep fighting against the Forand Bill, which is as socialistic a piece of legislature as we have seen in a long time. As soon as the new congress convenes, let us remind our congressmen and senators exactly how we as physicians feel about the Forand Bill. Miller

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COMPOSITION: Bon-Tabs contains 5 mg. dextro-amphetamine sulphate — the form of amphetamine most widely supported in the literature for reduction of appetite; 350 mg. methylcellulose to reduce "hollow hunger"; 1/6 gr. butabarbital sodium to prevent excessive nervous stimulation and nervous tension-hunger.

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ACADEMY LIBRARY

The Library of the Springfield Academy of Medicine is reputed to rank second only to the Boston Medical Library in the state of Massachusetts. This may or may not be true, nevertheless it serves the greater Springfield area in a number of useful and educational ways.

Members of the Academy may borrow books and journals and everybody else, either in or out of the profession, is always welcome to its reference shelves and reading rooms. Many industries, hospitals, schools, and colleges, and instructors as well as students, make good use of the Academy's large collection of books and journals.

The Academy is always trying to maintain an up to date collection of text books in all major fields of medicine and dentistry. It also stocks recent texts of minor specialities, especially those of interest to the General Practitioner. When a "classic' dealing with a special problem appears, the Academy obtains it for its shelves, but only if the "classic" is of general interest. Due to the effort on the part of Dr. W. A. R. Chapin, the Academy has tried to develop recently its History of Medicine Department securing as many old editions as available. Book gifts to this Department are always welcome and greatly appreciated.

Below is a list of journals subscribed by the Academy Library. Most of these are available in bound volumes, going back many years. In an average month the Library receives about ninety journals, plus the *Saunders Clinics of North America Series*, and the *Year Book Series*. Important for any one doing research or reviewing the literature is the *Current List of Medical Literature*, published monthly by the National Library of Medicine and the AMA's *Quarterly Cumulative Index Medicus*.

Articles that are not available in the Academy will be obtained by our librarian from either the Boston Medical Library or the Library of Congress. She will also photostat, at a nominal fee, any articles or page desired.

Financial support of the Library comes primarily from Academy funds. Additional support is received from Health Agencies such as the Western Massachusetts Heart Association and from a number of Industries, including American Saw and Manufacturing, John Breck, Inc., Eastern Etching & Mfg. Co., Mass. Mutual Life Insurance Co., Monarch Life Insurance Co., and Tampax, Inc.

The Academy library is located on the east side of the second floor of the Springfield Municipal Hospital. It is open Monday, Wednesday, Thursday, and Friday from 9:30 A. M. - 5 P. M., and Tuesday from 1 P. M. - 9 P. M.

Dr. John M. Maloney, Chairman
Library Committee

Journals and Periodicals available at the Library of The Springfield Academy of Medicine

American Heart Journal
Am. Journal of Digestive Diseases
" " " Diseases of Children
" " " Medical Sciences
" " " Medicine
" " " Obstetrics & Gynecology
" " " Physical Medicine
" " " Public Health
" " " Roentgenology

(continued on page 22)

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RE 9-8571

(continued from page 20)

Am. Journal of Surgery
" " " Tropical Medicine
Am. Practitioner & Digest of Treatment
Angiology
Annals of Allergy
" " Internal Medicine
" " Surgery
Archives of Dermatology & Syphology
" " Industrial Health
" " Internal Medicine
" " Neurology & Psychiatry
" " Ophthalmology
" " Otolaryngology
" " Pathology
" " Surgery
Blood
Brain
British Heart Journal
" " Medical Journal
" " Journal of Surgery
Surgical Clinics of North America
Bulletin, Am. College of Surgeons
" Johns Hopkins Hospital
" Lahey Clinic
" New York Acad. of Med.
Canadian Medical Journal
Cancer
Circulation
" Research
Current List of Medical Literature
Diabetes
Disease a Month
Gastroenterolgy
Geriatrics
The Hebrew Medical Journal
Jour. of Allergy
" " Am. Dental Society
" " Am. Geriatrics Society
" " Am. Medical Association
" " Am. Med. Women's Assoc.
" " Bone & Joint Surgery, American Edition
" " Bone & Joint Surgery British Edition
" " Clinical Endocrinology & Metabolism
" " Clinical Investigation
" " International College of Surgeons
" " Laboratory & Clin. Medicine
" " Mount Sinai Hospital
" " Pediatrics
" " Thoracic Surgery
" " Urology
The Lancet
Proceedings of the Staff Meetings of Mayo Clinic
Medicine
Metabolism
Military Medicine
New England Journal of Medicine
Dental Clinics of North America
Medical Clinics of North America
Pediatric Clinics of North America
Surgical Cinics of North America
Obstetrics & Gynecology
Oral Surgery-Oral Medicine & Oral Pathology
Postgraduate Medicine
Pediatrics
Radiology
Science
Surgery
Surgery-Gynecology & Obstetrics
Technical Bulletin
Texas Reports on Biology & Medicine
Year Books of:
Cancer Dermatology
Drug Therapy Endocrinology
Eye Ear Nose & Throat
Medicine
Neurology Psychiatry & Neurosurgery
Obstetrics & Gynecology
Ophthalmology
Orthopedics & Traumatic Surgery
Pathology & Clin. Pathology
Pediatrics Radiology
General Surgery Urology

ACADEMY

December Meeting.

At the December 9th meeting a panel on "Diabetes" will be held. The participants and their topics are as follows:

1. "Management of Diabetes in Youth and in Pregnancy".
   Dr. Priscilla White, Assistant Professor of Pediatrics, Tufts University School of Medicine, and Physician, Joslin Clinic and New England Deaconess Hospital.
2. "The Oral Hypoglycemic Agents".
   Dr. Samuel B. Beaser, Clinical Associate in Medicine, Harvard Medical School, and Consultant to Diabetes Clinic, Medical Service, Beth Israel Hospital.
3. "Peripheral Vascular Disease in Diabetics". Dr. Edward D. Frank, Associate in Surgery, Harvard Medical School, and Associate Visiting Surgeon, Beth Israel Hospital.

The pre-meeting clinic will be held at the Wesson Memorial Hospital at 5 p. m.

January Meeting.

At the January 13th meeting the speaker will be Dr. Harrison L. McLaughlin, Professor of Orthopedic Surgery, College of Physicians and Surgeons, Columbia University. His topic will be "Intangibles in The Treatment of Trauma". The Clinical Conference in the afternoon, dealing with "Unusual Injuries", will be held at the Mercy Hospital, 5 p. m.

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Before consulting hours began, we physicians used to write twenty to thirty prescriptions for phosphor cod-liver oil in advance so as to be prepared for dispensing this medicine. It was only later that it became known that cod-liver oil carries vitamin D."

(Dr. Bela Schick in recent lecture before Georgia Pediatric Society.)

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Blue Shield Service

Dear Hippocrat:

The Springfield Blue Cross - Blue Shield office is located in the Medical Center, 130 Maple Street, Springfield. Our telephone is REpublic 7-5338. We are staffed to service the enrolled subscribers and groups in the three counties in the Connecticut Valley. We are primarily an enrollment office with emphasis on new memberships and servicing those already enrolled. At present we have nine people who spend most of their time in the field, and nine secretaries and clerks who attend to the duties here at 130 Maple Street.

We are also anxious to serve the profession, and many doctors have found that we can give them a prompt answer to their problems, and often answer questions which arise between the patient and the doctor while the patient is still in doctor's office. We usually refer doctors' queries to Mr. Newhall, our Office Manager, who not only is familiar with Blue Shield but who has also studied the Medicare program. We also have two direct lines to our Boston office, and can seek help on questions we cannot readily answer ourselves.

We feel sure that our participating physicians come into daily contact with patients who are confused about their eligibility for Blue Cross and Blue Shield coverage. It is most helpful if these people can be referred to our local office so that prompt attention can be given to their problems. We hope that this letter will help us give even better service to our friends in the medical profession.

Cordially,
Ernest G. Cushing
District Manager

Wesson Hospitals United Building Fund

Dear Hippocrat:

The Wesson Hospitals United Building Fund Drive is now gaining momentum with each passing day. The employees of the two hospitals have already manifested a very admirable interest and support in this project as one of the first groups under solicitation.

The Medical Division is being asked to accomplish its goal, December 13th to the 20th, as an index of the belief physicians and dentists have in the needs involved. Patients occupying beds in corridors appear with increasing frequency at each institution. Cancelled admissions and cancelled operations at Wesson Memorial Hospital have been unavoidable side effects of crowded conditions. These inconveniences to patients and to surgeons are regrettable and we trust are avoidable. Avoidability of such crowding will come from financial support derived from old fashioned Americans who still give generously to things in which they believe.

The need at the Wesson Maternity Hospital is for increased bed capacity and associated facilities. This is to be accomplished by construction of a new wing of five floors. Expansion of delivery room, labor, and recovery facilities is planned. The laboratory will be enlarged. An isolation unit will be established on the second floor as the only such unit in Western Massachusetts.

The needs at Wesson Memorial Hospital include completion of the four floor shell in the north wing for additional bed capacity for a total of approximately 250. Other important plans include a fourteen bed post-operative recovery room, an expanded

central sterile supply room, addition to elevator service, and a kitchen, cafeteria and dining room facilities.

In eight years Wesson Memorial Admissions have increased 73%. At Wesson Maternity Hospital increased number of births the past year reached 33% above the number recorded during the first year of operation in the new building.

In the past two decades and especially since 1948 residents of the Springfield area have grown accustomed to higher and higher quality of medical care. The remarkably good record of the Wesson Maternity Hospital including precise statistics for many years speaks for itself. In our general hospitals residents of the Springfield area are finding that they are no longer required to seek care at distant cities for such procedures as brain tumor operations, pneumonectomies, etc. To continue to meet these problems all four voluntary type hospital facilities in Springfield are essential—not one can be allowed to stand still in the rapid progress of American medicine.

Benefactors of the proportionate magnitude of Daniel B. Wesson have become casualties of a tax structure which differs remarkably from that of 1900. Civic minded individuals fortunately still exist and all of us in and out of medicine should join under their leadership to do for ourselves such projects as these. Many of us believe that if these same projects were done exclusively by big government the cost would be immensely greater.

John W. Turner, M. D.
Chairman Medical Division

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SERMON ON SEX AND SUCH

To us who were brought up in the era of reversible grandmothers during the reign of Queen Victoria, when women were merely skirts beneath which two feet protruded, and wore bustles which effectually screened all undulations and oscillations of the fundament, the competitive pandering of the theatrical pages of today's daily papers is disquieting, trained though we are in the factual school of medicine. By now we are thoroughly versed in what doctors do when asked to relieve headaches, thanks to the TV commercial. But what do they do when soap manufacturers take them to tubsides while undressed tomatoes flirt with tenuous billows of suds, and absent-minded maidens continue to wander through the ads of the better magazines clad briefly in their spiral-stitched bras, to say nothing of posting the most intimate details of the toilet that were better left to the boudoirs and beauty salons, or to the imagination.

There seems to be a general release from the inhibitions in this second half of the twentieth century that influences all of us including doctors and even oldish maiden ladies who would look better in lace mittens and crinoline than in sandals and shorts as short as those of the last one who came mincing to our pillory. The cruel results of such compelling fads are manifold. Nether garments, for example, have shrunk since 1849 when Mrs. Amelia Bloomer demonstrated her prophetic break with tradition, in sequence to slacks, to pedal pushers, Bermuda Shorts, shorts, briefs, to Bikinis and all the way out with Gypsy Rose through the G-string!

Small wonder, then, that ethical standards are down, or that delinquency is prevalent in adult as well as the teen-age variety, regardless of social status. Quite as obvious are the bandy legs, the knock knees, the superfluous upholstery of the Fatimas and other abnormalities of sister escapees from the sideshows who had "better of stood (if not) in bed", at least under suitable cover.

If this were merely a barrack room problem, recourse could be taken to clipping and pin-ups, but doctors often are parents too, and statistics indicate that they are apt to be more prolific than average parents. Hence, responsibility rests even more on them for good environmental influences on the coming generation. Too often, however, this duty is neglected on the score of pressing clinical demands that disrupt well-ordered home life. Fre-

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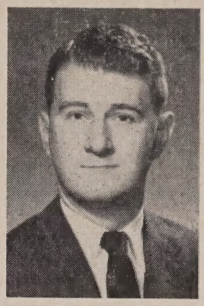
quently discipline and moral guidance are only half-way shared or entirely shunted onto churchmen and teachers who themselves are too heavily overburdened.

For myself, though alas it is too late to mold the characters of my own children who have pediatric problems of their own, I try to set them a good example by attending church whenever possible. But chiefly I do so for my own refreshment. Let me share with you the lift that came from my minister last Sunday, (name furnished on request), "If the farmer puts nothing back into the soil, his land in a few years will become impoverished and cannot produce good fruit." If individuals continue to pass up opportunities to cultivate and enrich their souls, life would become drab and difficult. Physicians especially need to keep in touch with spiritual refreshmment just as much as they must continue to study if they hope to keep abreast of new advances in medicine that are working miracles for so many. In truth, thank God, we are engaged in a demanding profession!

If you have followed me thus far, I believe you can but agree that the moral to be deduced from the foregoing research is, that cleanliness is indeed next door to godliness, and that like charity it should begin at home. Yea, verily physicians should know themselves—the most difficult lesson in the world, according to Cervantes,-and so must everyone if the cleansing of our Augean stables like those of Elis is to be accomplished from the fundamental beginning within ourselves. Selah!

S. Q. Lapius

NEW MEMBER



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Born: May 26, 1927
Medical School:
Dartmouth Medical School 1946 - 1948
Harvard Medical School 1948 - 1950
Internship:
St. Vincent's Hospital 1950 - 1951
New York
Residency:
St. Vincent's Hospital 1950 - 1951
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ATTENTION!

If it's medical and news worthy the Hippocrat would like to know about it.

Send Meeting Notices, Hospital Doings, Personal Items, Obituary Notices, etc. to Assistant Editor John C. Ayers, M. D., Municipal Hospital, Springfield.

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Doctor: Do you worry any less, Mrs. Brown, since taking the tranquilizers?

Mrs. Brown: I worry just the same, doctor, except that now it doesn't bother me.

NEXT MEETING'S AGENDA

The agenda of the December 16 meeting will include, among other things, the following:

1. Results of the Social Security "Questionnaire".
2. Report of Legislative Committee.
3. Report of Insurance, Labor Relations and Industrial Accidents Committee.
4. Report of Blue Shield District Professional Service Committee.

For time, place, etc. see page 4.

DRS. COOPER AND WHITNEY NAMED TO SPECIAL STATE POSTS

Governor Foster Furcolo appointed on November 26, 1958, Dr. Olive A. Cooper of 160 Maple Street, Springfield, to a special unpaid recess commission for the study of procedures at mental institutions. Likewise, Dr. Jerome A. Whitney of 20 Maple Street, Springfield, was appointed to a similar commission for the study of mortality rates in mental institutions and the establishment of local mental health clinics.

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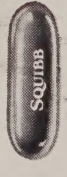

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